



House by Shane Lonergan

Where we Live

**A National Study Conducted
through Peer-to-peer Interviews
by the Inclusive Research
Network**

Presented by:

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Supported by:

Edel Tierney & Edurne García Iriarte

NATIONAL FEDERATION OF VOLUNTARY BODIES

Providing Services to People with Intellectual Disability

- The Inclusive Research Network (IRN) is a joint project:
 - National Federation of Voluntary Bodies (NFVB)
 - National Institute for Intellectual Disability (NIID).



- The Inclusive Research Network is:
 - A group of people who come together to:
 - Do research or
 - Talk about research that is about people with intellectual disabilities.

 - For anyone interested in this type of research

Inclusive Research Workshops

- 3 research workshops were organized over a period of six months between 2008 and 2009.
- The workshops were designed to:
 - Give a basic knowledge about research
 - Develop research skills
 - Learn research methods
 - Get some hands-on experience of conducting research.
- Research can empower people to make choices and bring about change in their own lives

IRN Workshops Galway and Dublin



Where we Live National Survey

- The Inclusive Research Network decided to do a study about '**where we live**'.
- This study was done to look at where people with intellectual disabilities live, what they like or do not like, what supports they need and what they would like to change about where they live.



- A group from the NFVB and the NIID supported this project
- IRN members developed the questions for the survey.

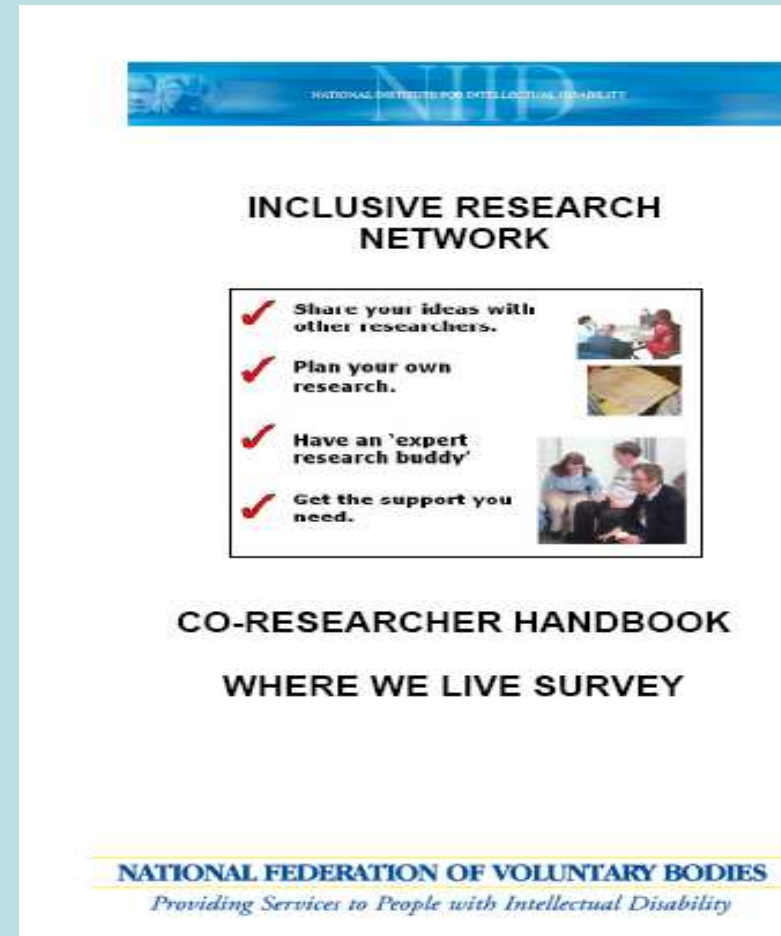
Tell me about where you live



How many people live with you in your home?

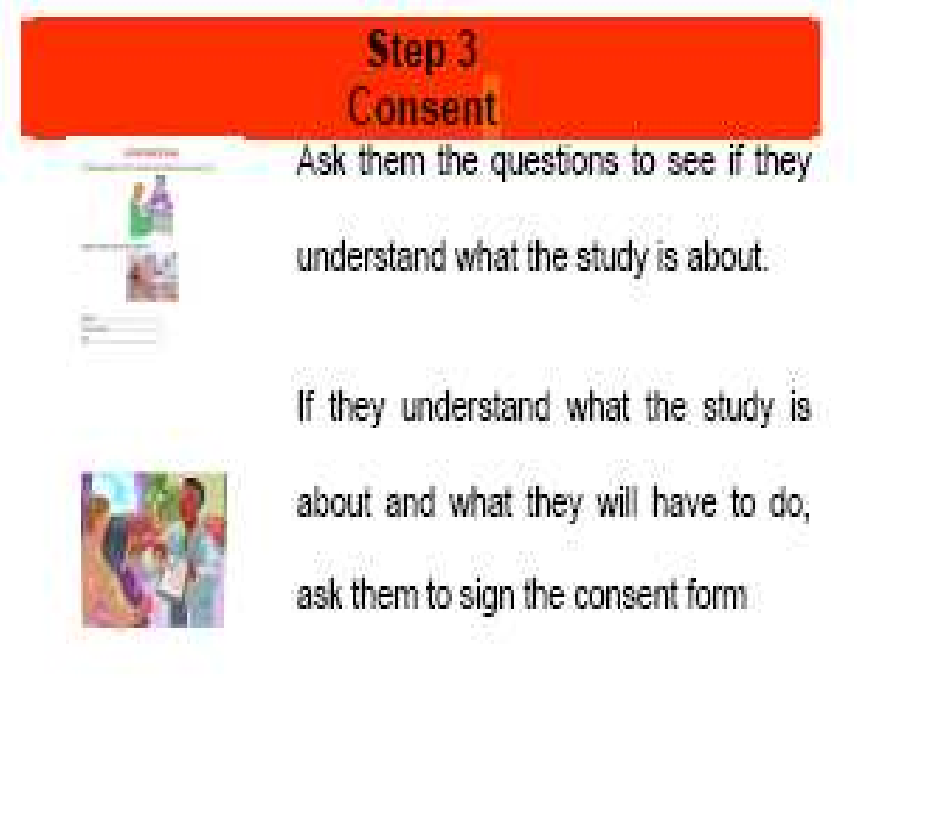


- The support group also developed a co-researcher and a supporters' manual, and an answer booklet.
- These were pilot-tested



Ethics:

- The project received ethical approval through Trinity College Dublin



The image shows a presentation slide with a red header. The header contains the text "Step 3 Consent". Below the header, there are two main sections of text. The first section is preceded by a small image of a person reading a document. The second section is preceded by a small image of a group of people. The text describes the process of asking questions to ensure understanding and then asking for consent.

Step 3 Consent

Ask them the questions to see if they understand what the study is about.

If they understand what the study is about and what they will have to do, ask them to sign the consent form

Method- how we conducted the survey

- People attended a workshop in June 2009 in Galway.
- They got training on how to use the survey as an interview tool.
- All the participants at this event had a chance to practice using the survey.

**Step 4
Interview**

 Take your time when interviewing the person

 Give the person time to respond

 Let the person see the questions and pictures in the question booklet to help them understand.

 Let the support person record the interviewee's answers in the answer booklet while you ask the questions in the question booklet.

 When you have finished asking the questions ask the person if there is anything else they would like to add.

 Say Thank You for their time.

- Some people volunteered to take part in the national study.
- Each person had to identify a supporter who would help them to conduct the interviews.

I am going to ask you questions about where you live and who you live with...

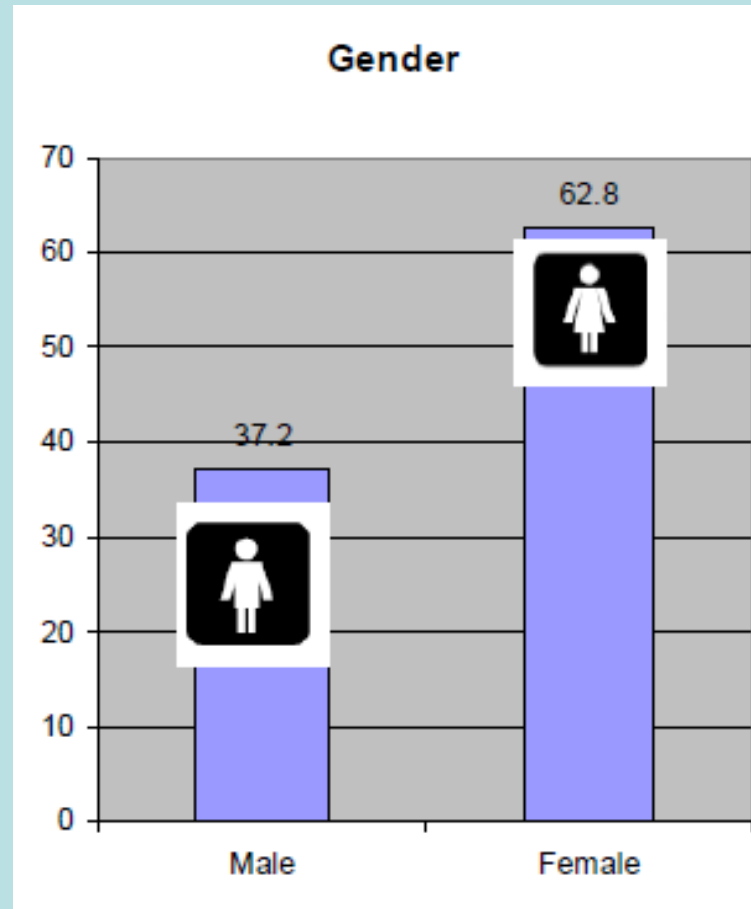


The interviews:

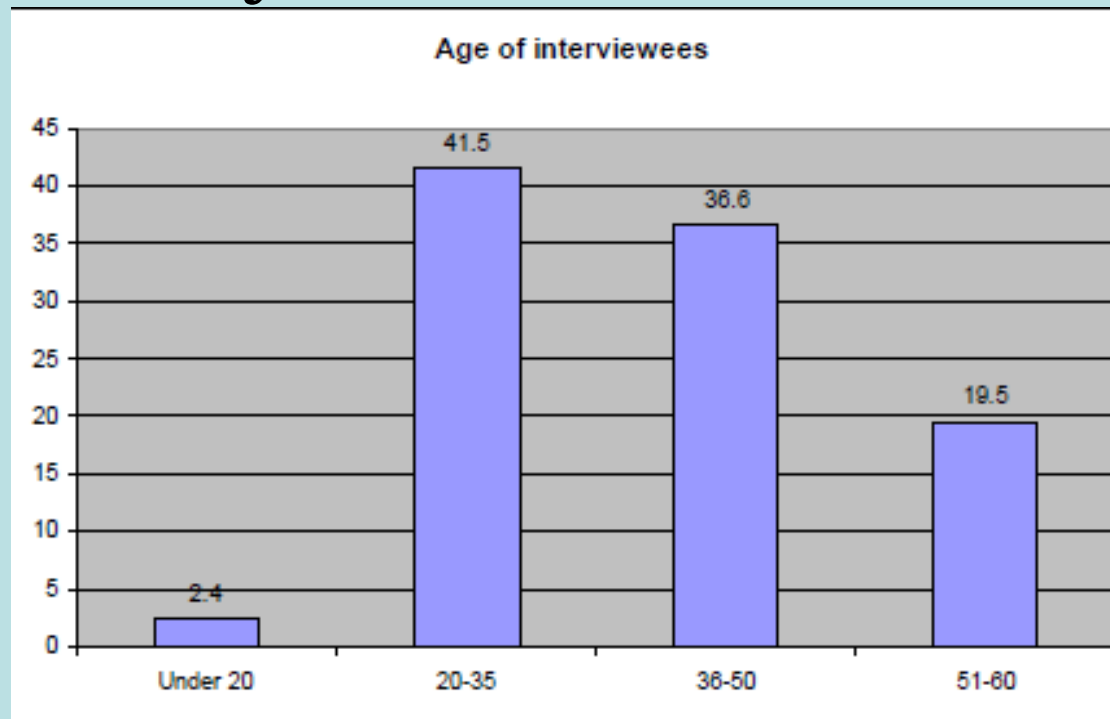
- A total of 11 co-researchers interviewed 43 people.
- Co-researchers interviewed people from the areas where they lived supported by staff and family members.
- The co-researchers were based in Clare, Cork, Dublin, Galway, Monasterevin, Roscommon, and Carrick-on-Suir.

What did we find out?

- 16 males and 27 females responded the survey

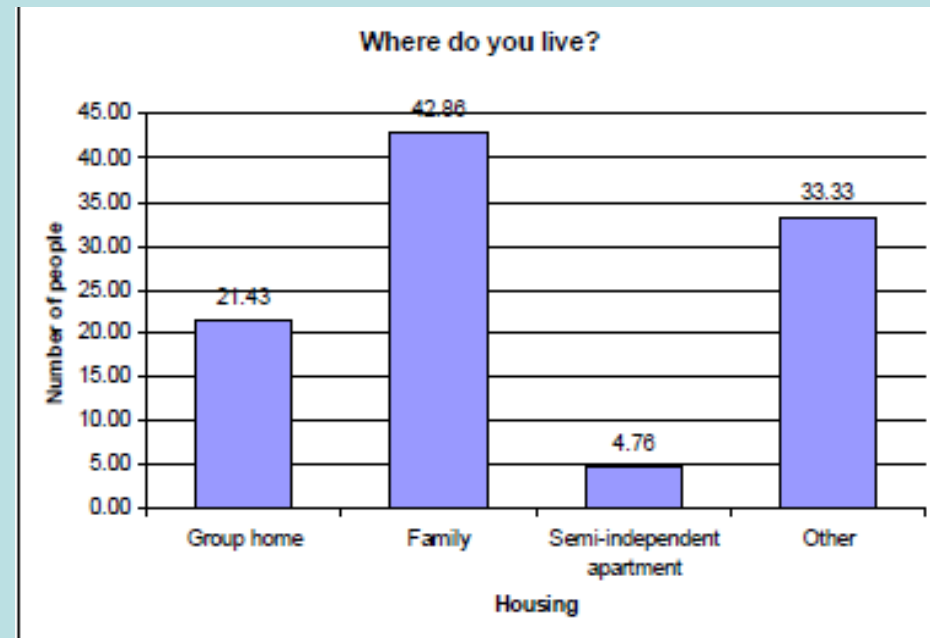


- 41.5% were between 20-35 years,
- 36.6% were between 36-50,
- 19.5% were between 51-65 and
- 2.4% under 20 years



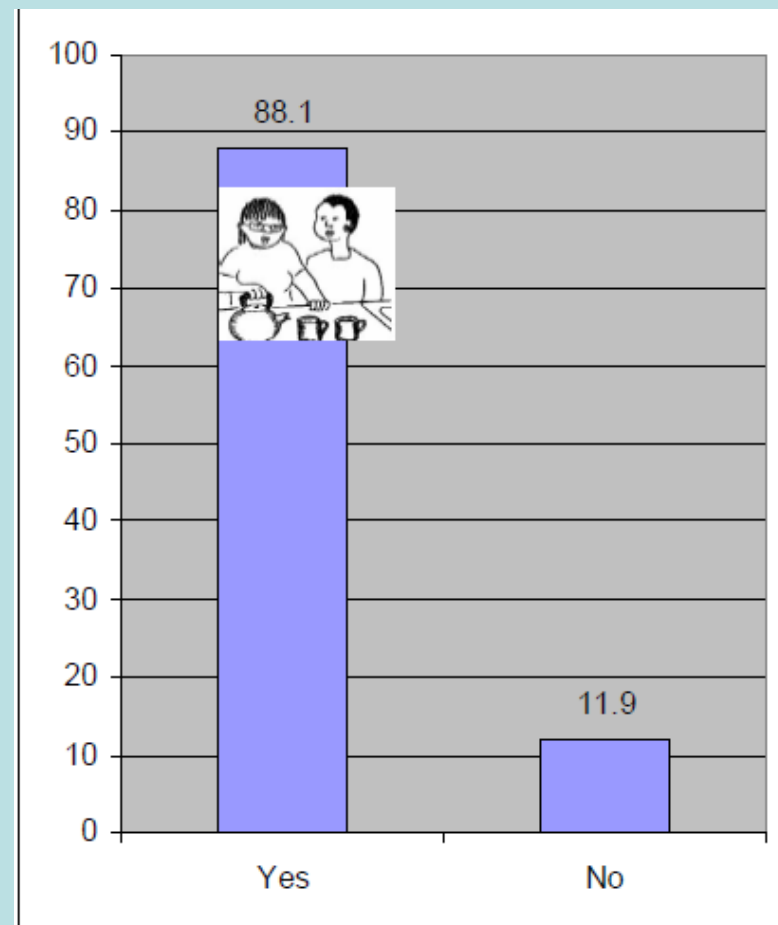
Where do people live?

- Most people who were interviewed reported living with their families (42.86%),
- Some lived in group homes (21.43%)
- A few in independent living apartments (4.76%).

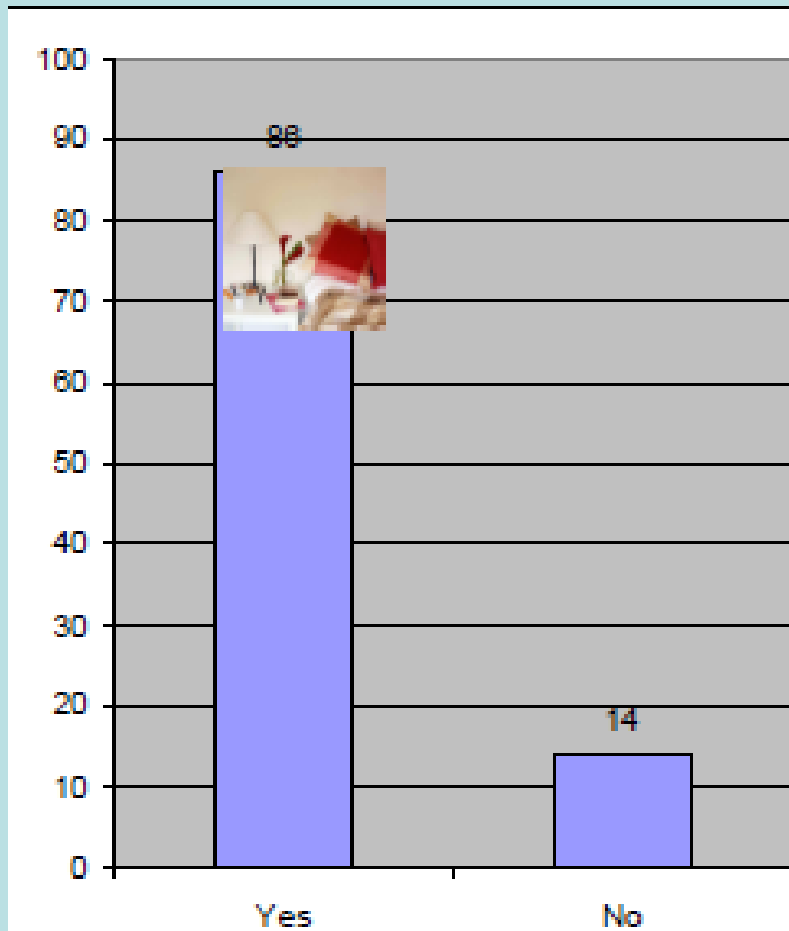


- People who lived with their families said that they lived with three people, and had lived there for about 9 years
- People who lived in group homes said that, on average, ten people lived with them and had lived there for about 9 years
- People who lived independently, said that they have lived there for only about three years

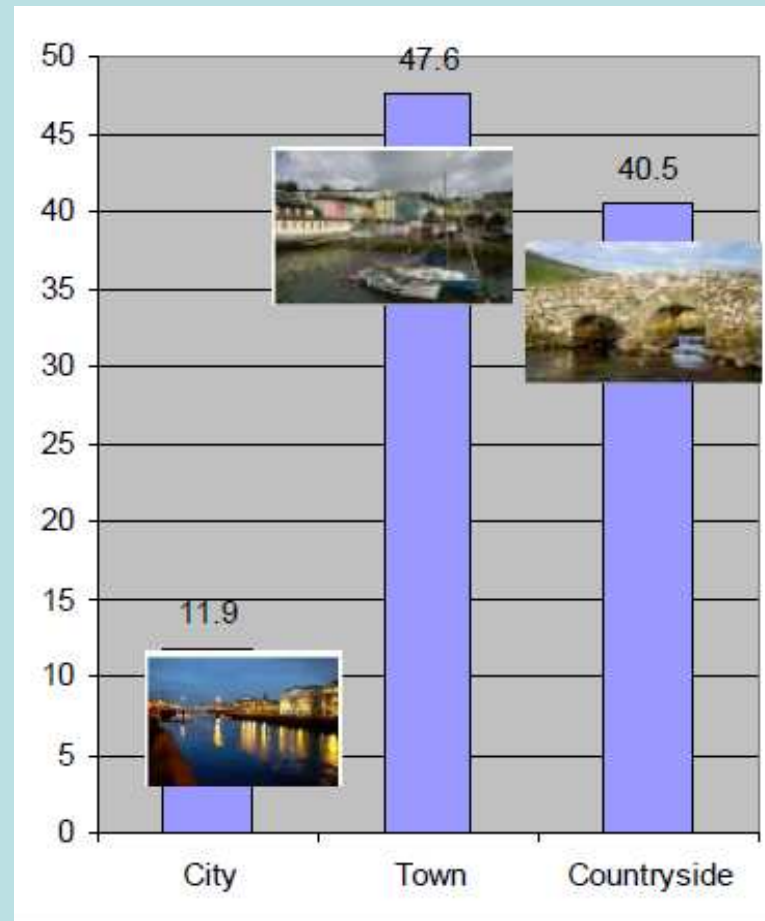
- Most people interviewed said that they were able to use the kitchen when they wanted.



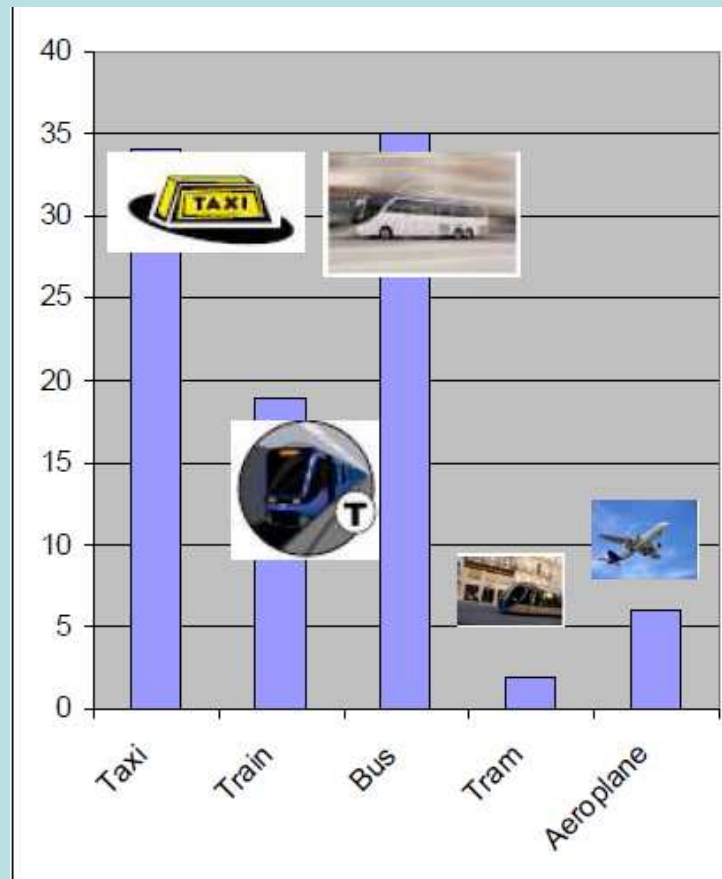
- Almost all people said that they had their own bedroom but only a few had a key to their bedroom.



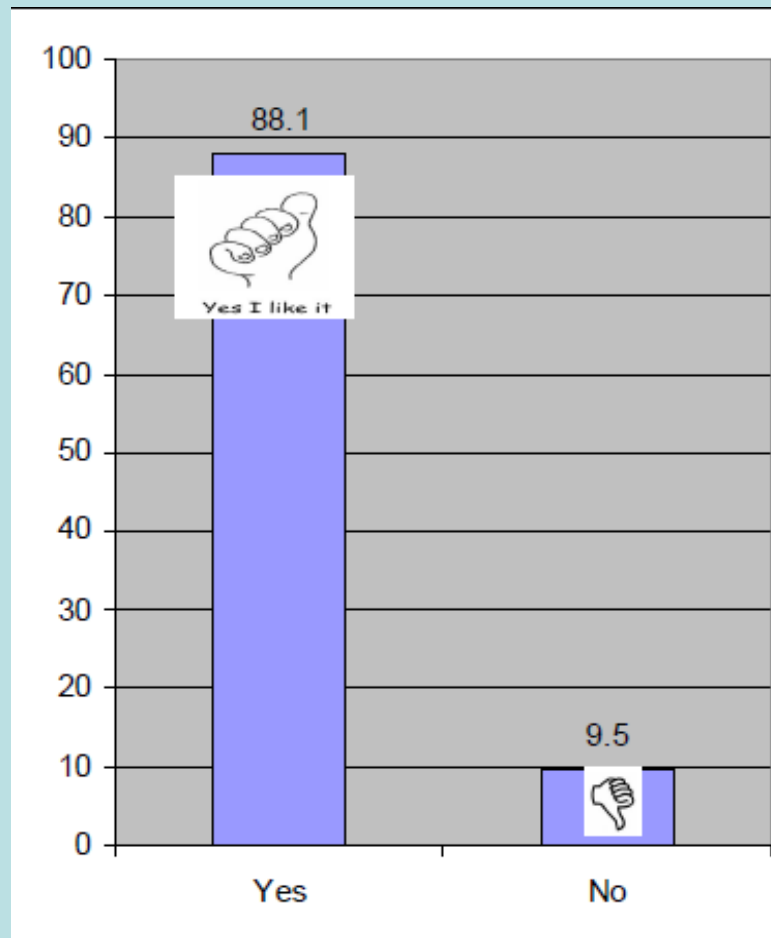
- A lot of people lived in a town (46.6%), many in the countryside (40.5%), and only a few in the city (11.9%).



Most people had access to transport- taxi (94.7%), and bus (90%). Many had access to trains (69%).



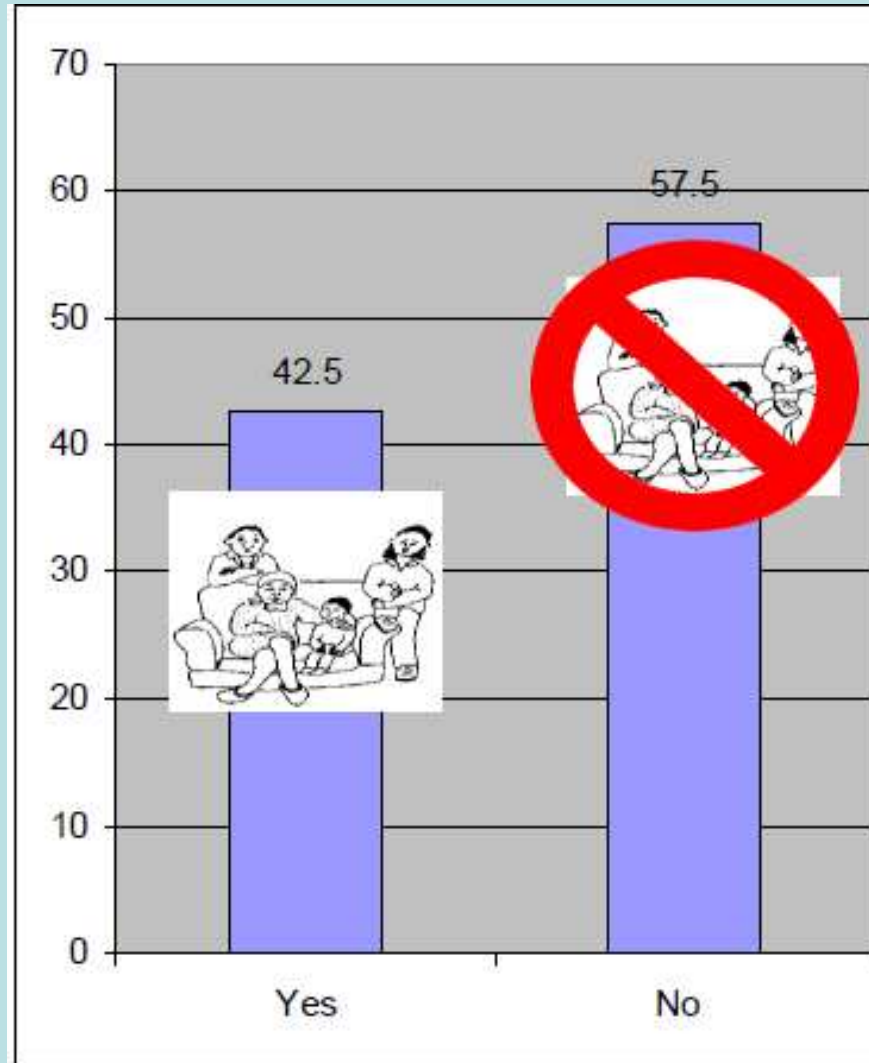
- In general, most people liked where they lived.



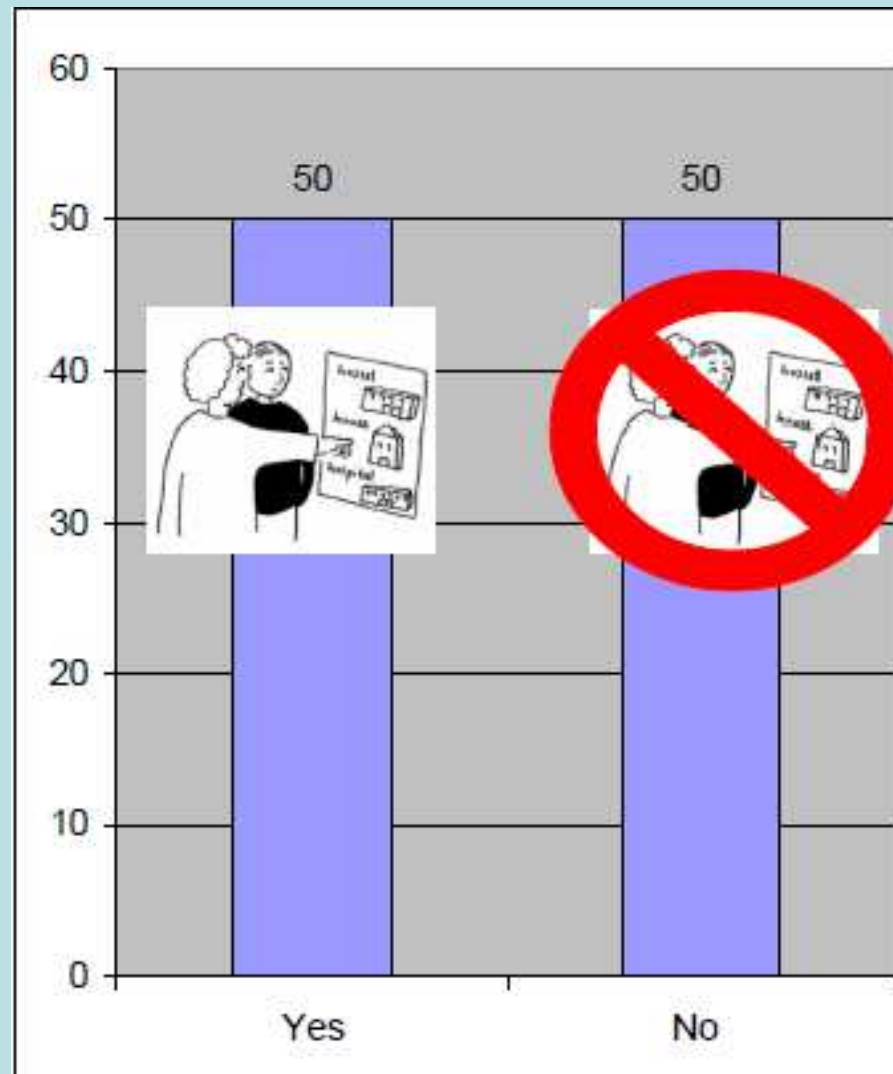
They said that they liked where they lived when:

- it was a nice house or flat
- it was near things that were important to them
- they could be independent and had privacy
- they liked the people they lived with

- More than half did not choose who they lived with



- Only half of the people chose where they lived



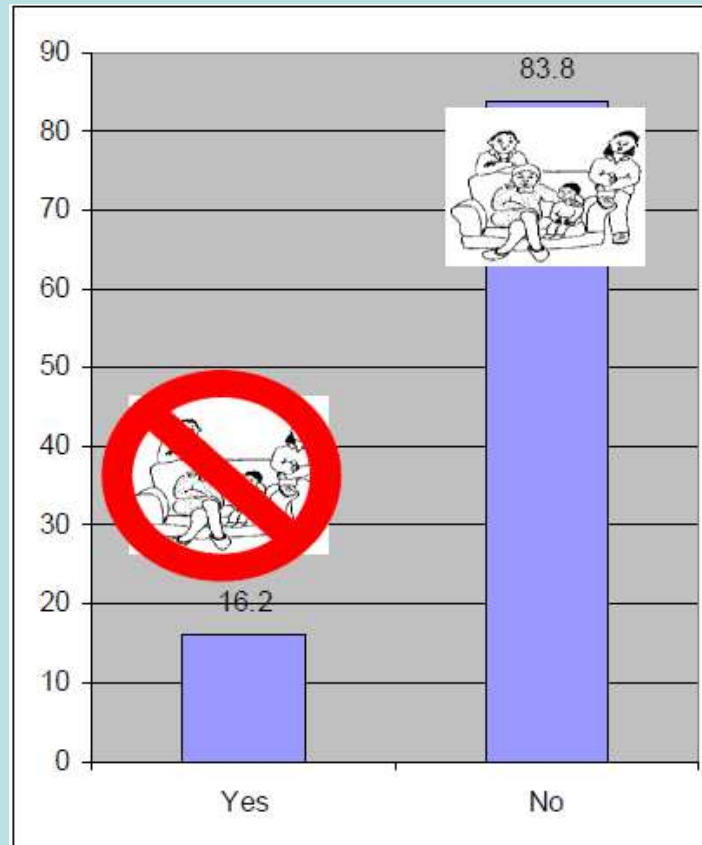
- About half of the people (48.8%) said that they would change things about their homes



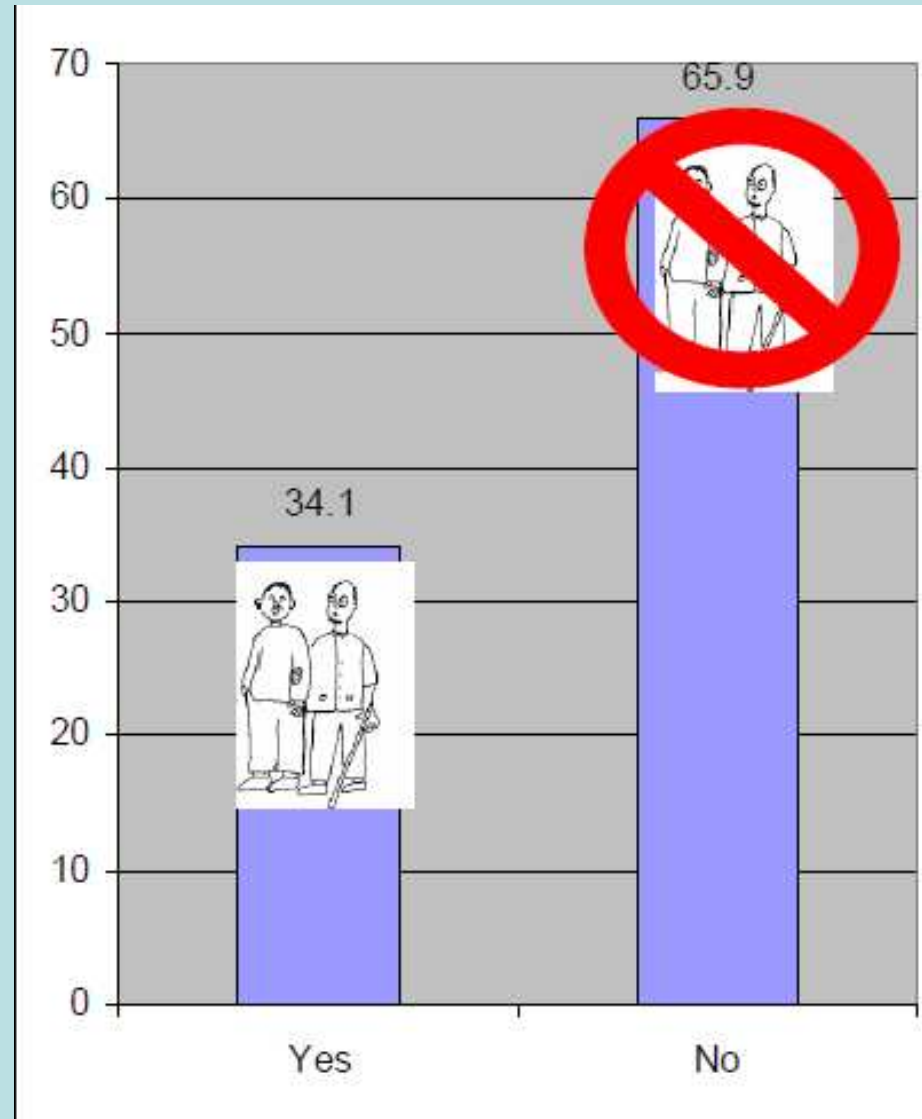
They would change things about their homes including:

- Wanting their own homes and rooms
- Changing room or house.
- Some people had problems with their landlords/landladies and neighbours
- Some people said they wanted to change who they lived with.
- A few people wanted to do more around their home and have their houses kept better.

- Only a few (16.2%) said that they would change something about the people they live with including:
 - Having more choice about who they live with and the independence they had.



- Finally, some people (34.1%) said that they would change things about the support they get.



Key messages from the IRN members

- There is lack of services for individuals to seek independent living
- More control over funding is needed for people to have choices on where they live and who they live with
- Individual needs have to be considered and supports need to be in place so that it is less frightening for people to be independent
- There are few choices for people to decide where they live and who they live with.
- Attitudes should change for families to allow their family member to be more independent .
- There are not enough opportunities for peoples' voices to be heard.

- **The Inclusive Research Network would like to thank all those people who took part in the study, the supporters, Stephen Curtis, John Doyle, Darren Chadwick, Roy McConkey and Patricia O'Brien.**
- **A full report will be available by the end of the year with all the findings**
 - **Thank you very much for listening**

The co-researchers:

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